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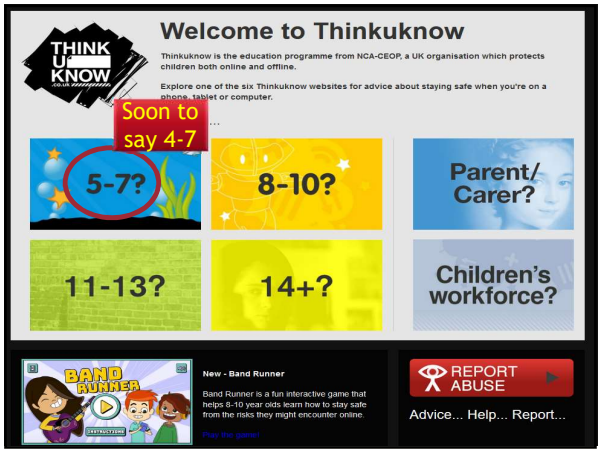

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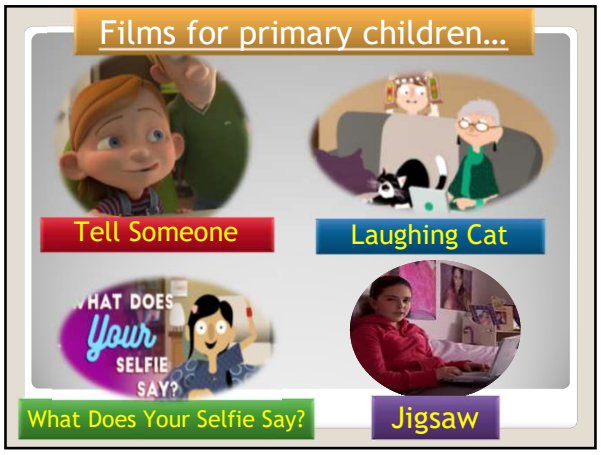

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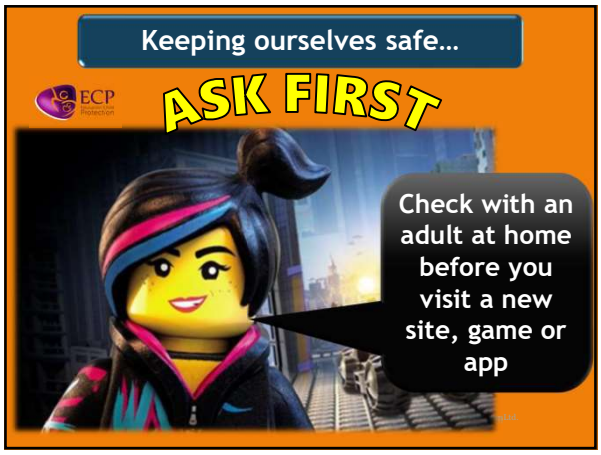

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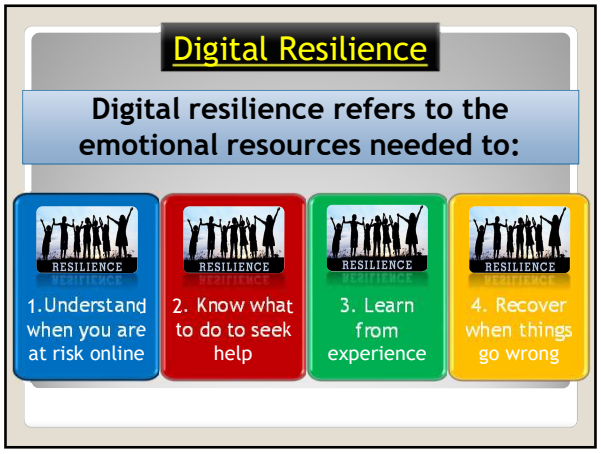

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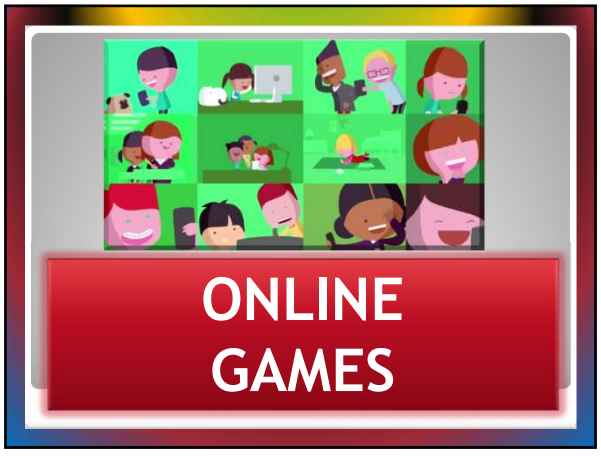

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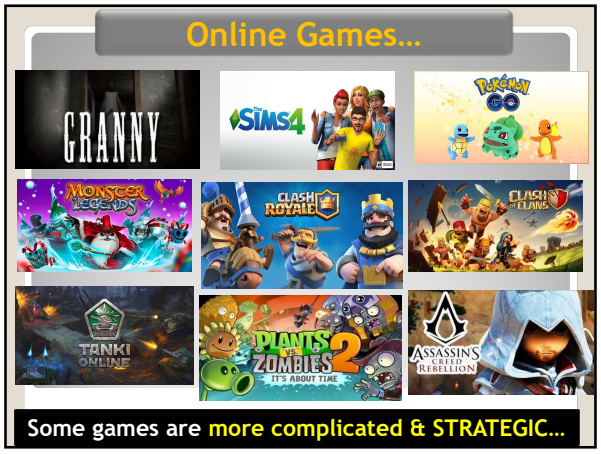

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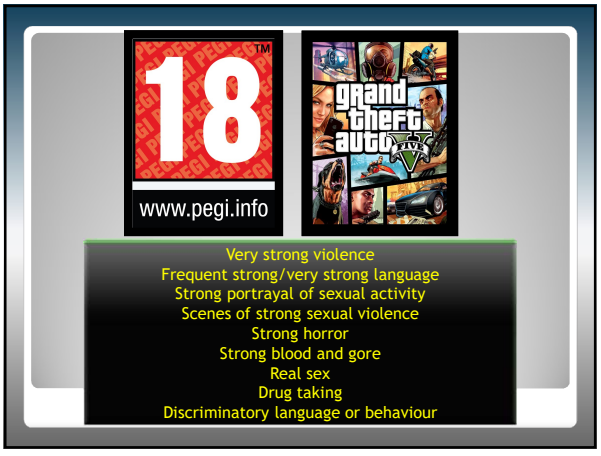

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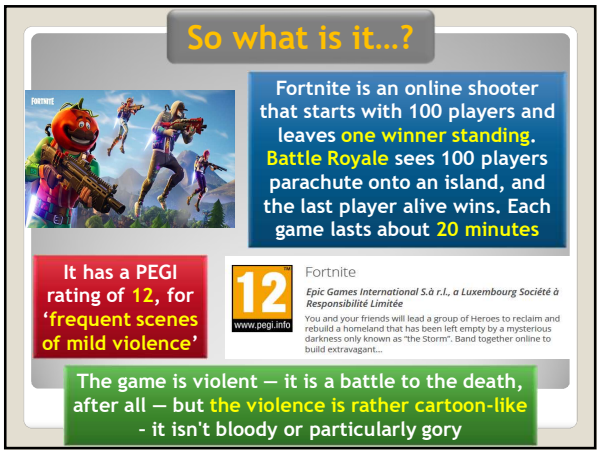

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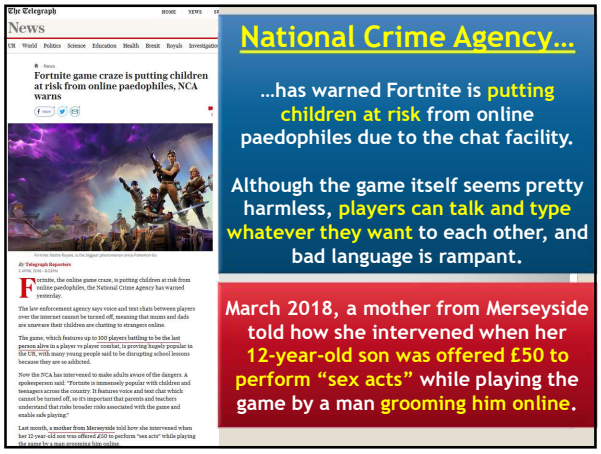

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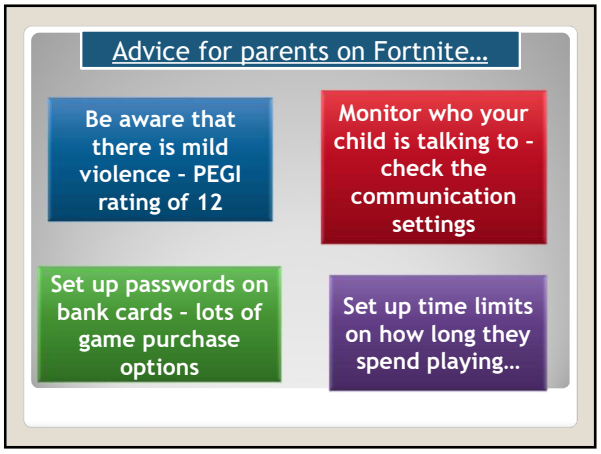

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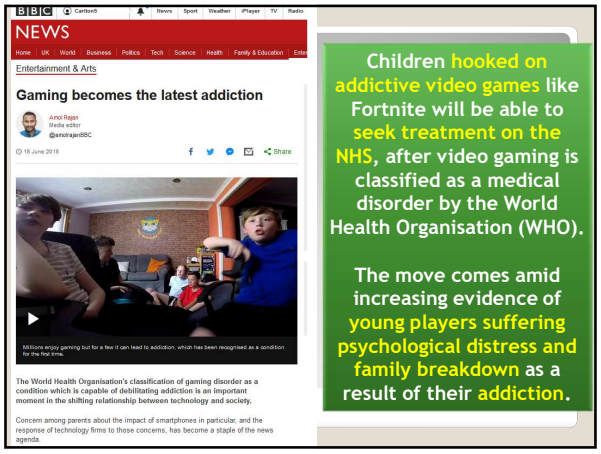

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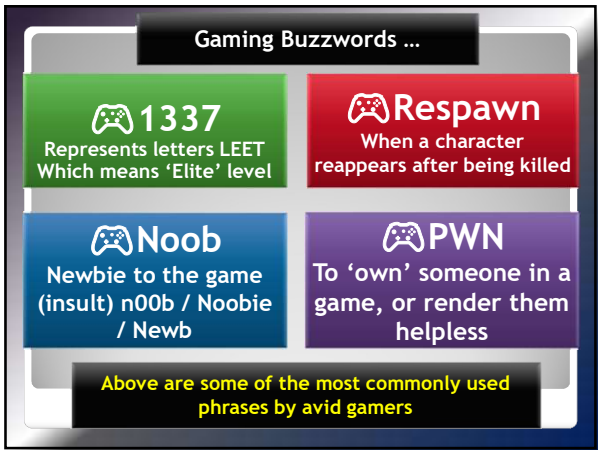

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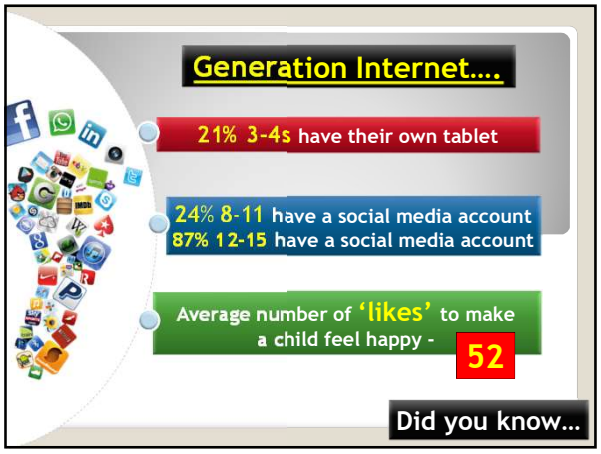

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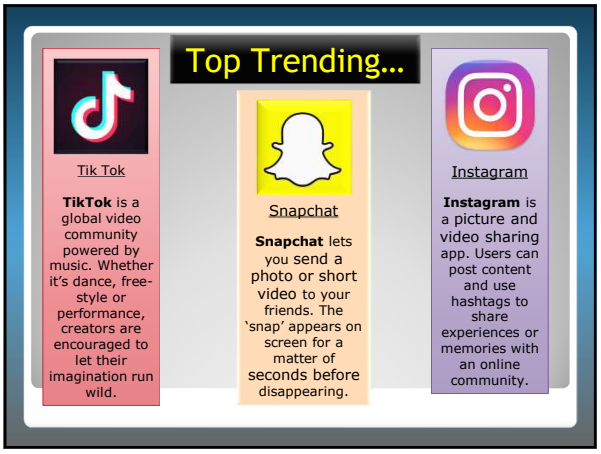

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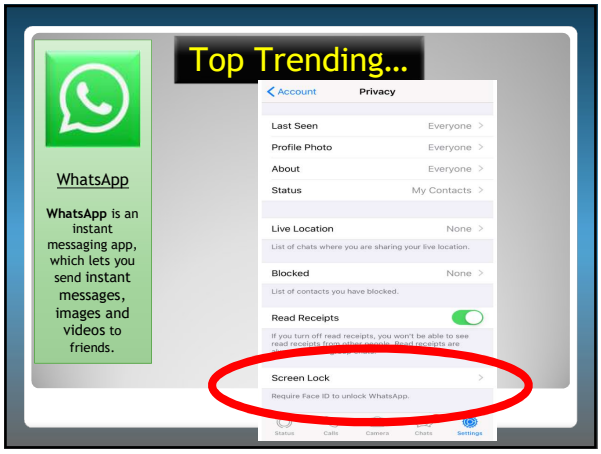

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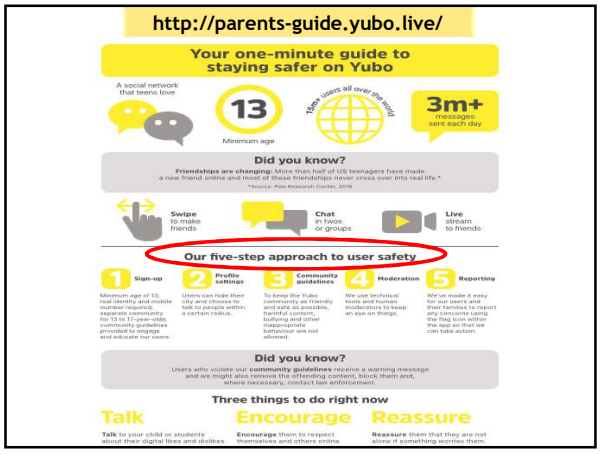

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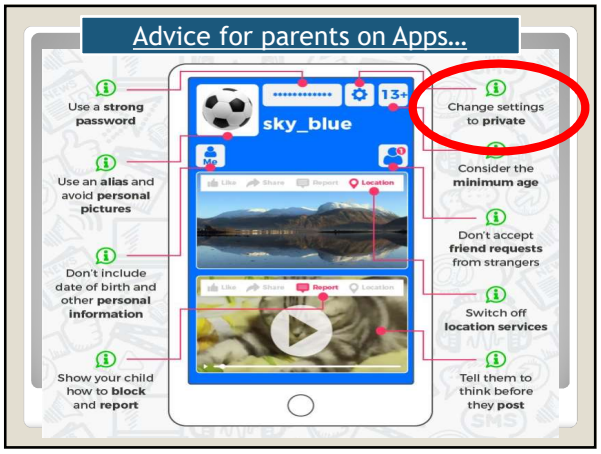

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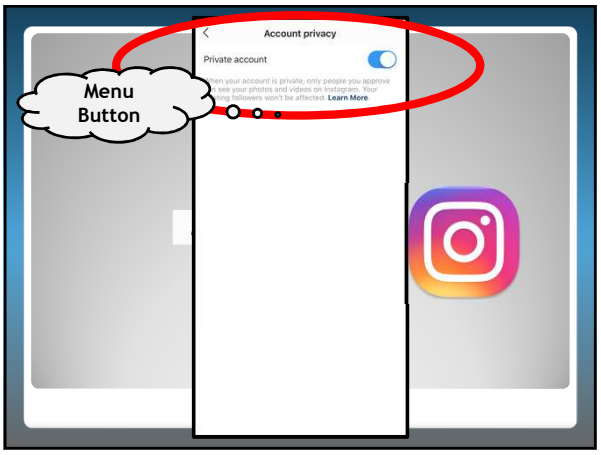

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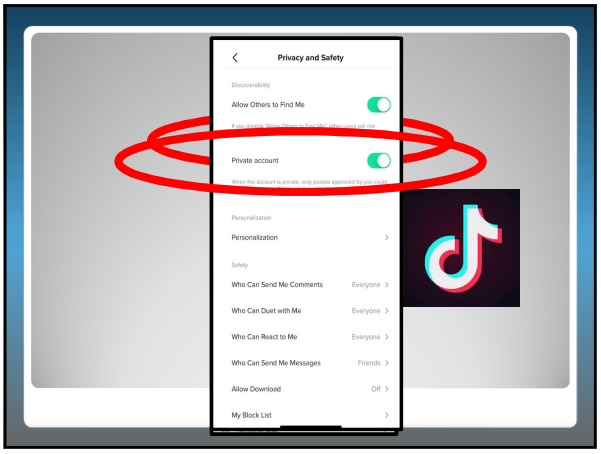

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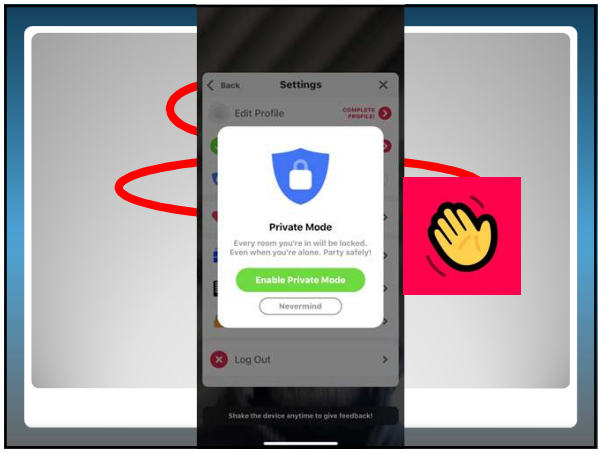

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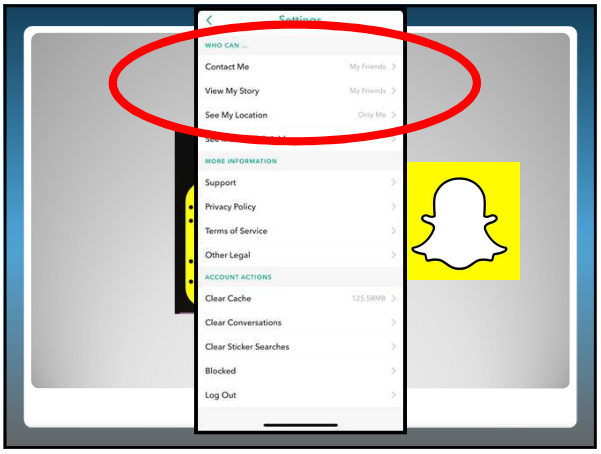

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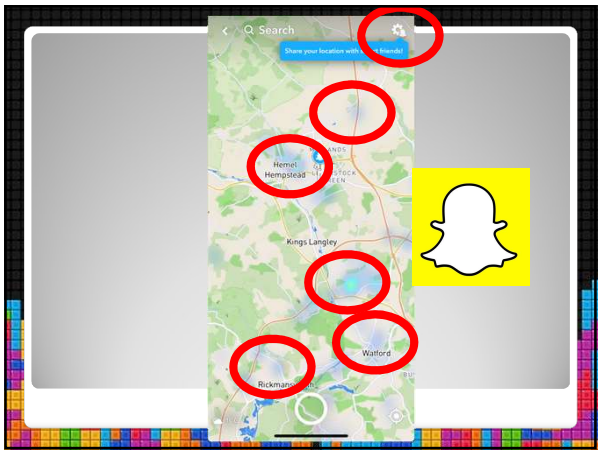

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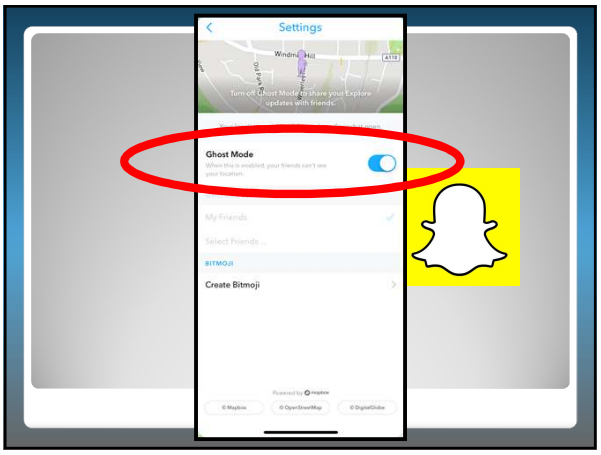

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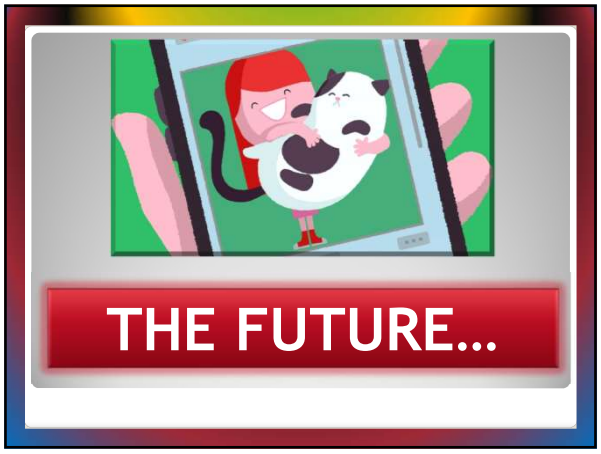

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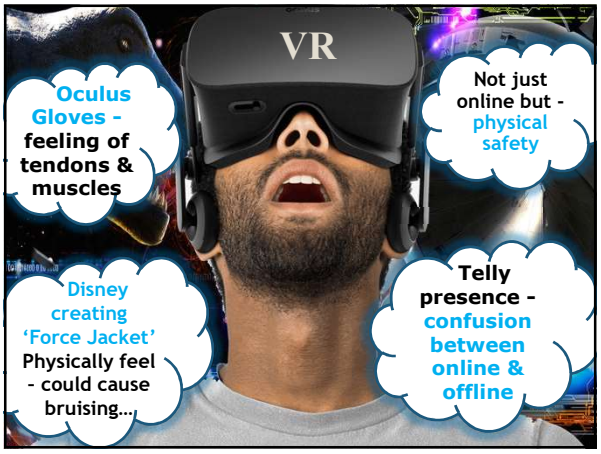

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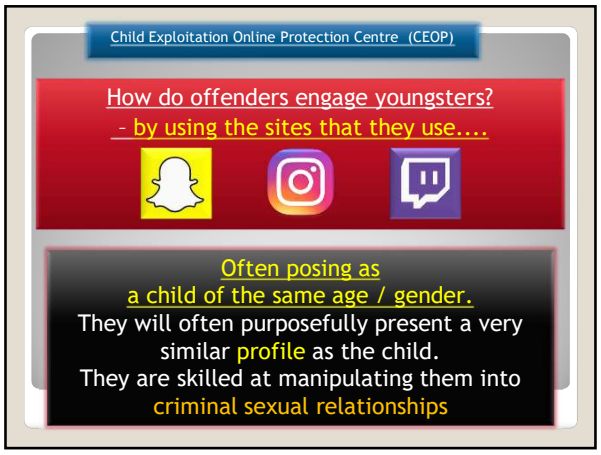

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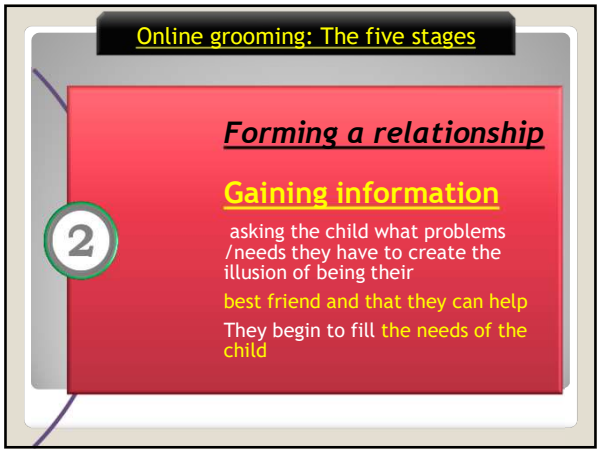

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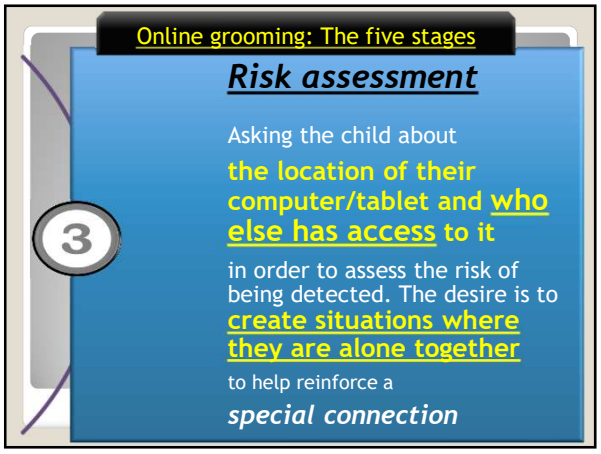

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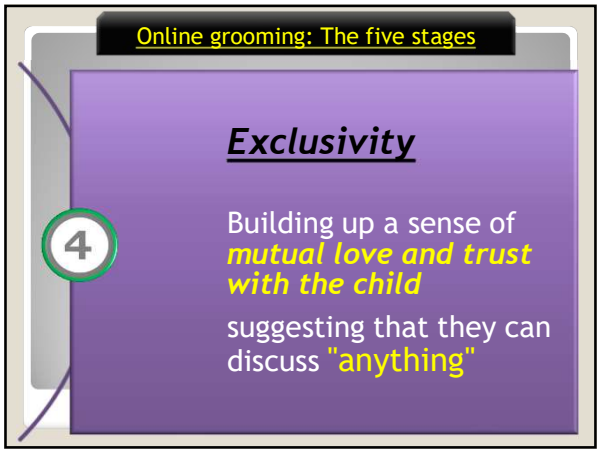

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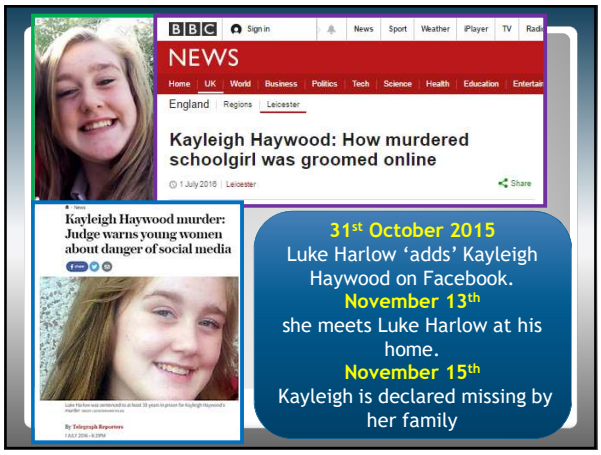

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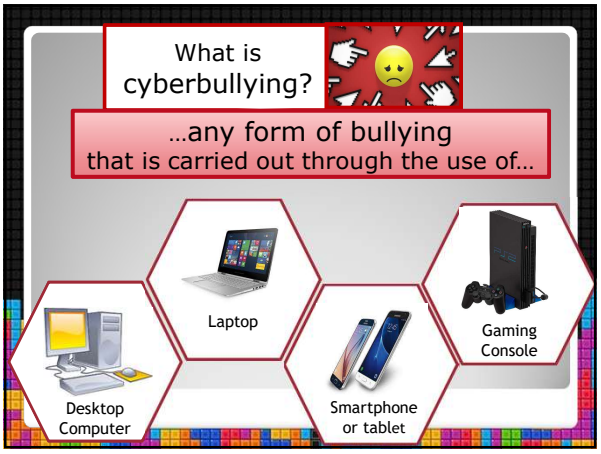

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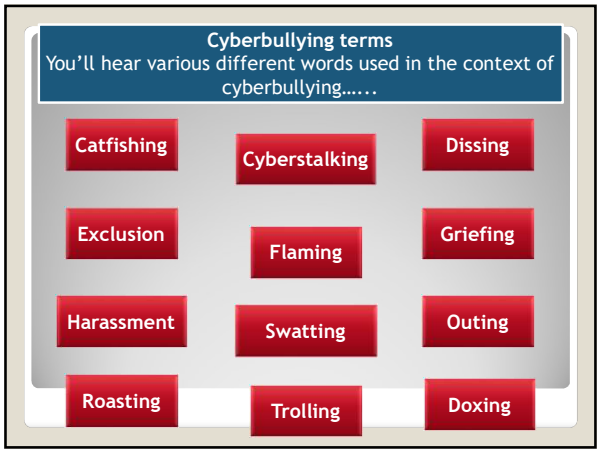

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Cyberbullying terms
You'll hear **various different words** used in the context of **cyberbullying**.....

Catfishing
Pretending to be someone you're not online.

67

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

All these terms refer to ...

Dissing

Harassment

Flaming

Trolling

Roasting

...making nasty comments online

68

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Dissing
speak *disrespectfully* to somebody

69

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Flaming
making pointless or hurtful messages

70

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Harassment
The act of bullying somebody based on their *sexuality, race, religion, size* etc.

71

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying.....

Trolling
Deliberate act of making controversial comments on an internet forum with the intent to *provoke a reaction*

72

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying……

Roasting
Being *'tactfully mean'* or poking fun at someone

73

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying……

Exclusion

Griefing

74

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying……

Exclusion
Individuals are *systematically blocked* from games or gaming teams

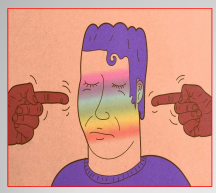
75

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying……

Griefing
Purposefully *'killing'* your teammates in an online game

76

Cyberbullying terms
You'll hear various different words used in the context of cyberbullying……



Outing
Disclosing a person's sexual orientation or gender identity

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Cyberbullying terms
You'll hear various different words used in the context of cyberbullying……

Doxing
Maliciously revealing someone else's personal information

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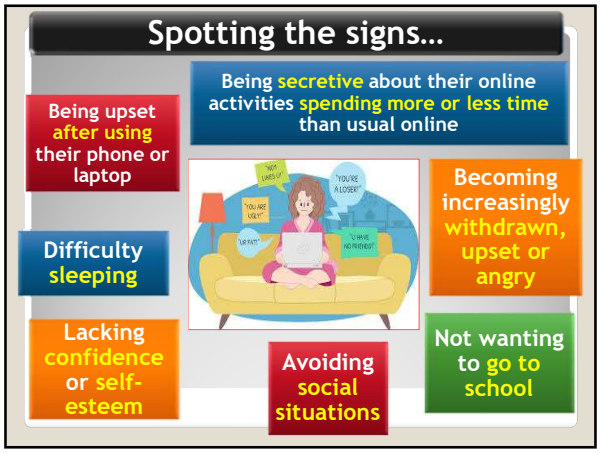

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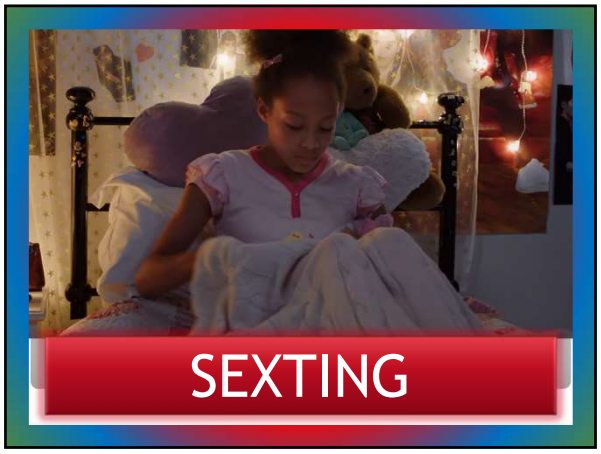

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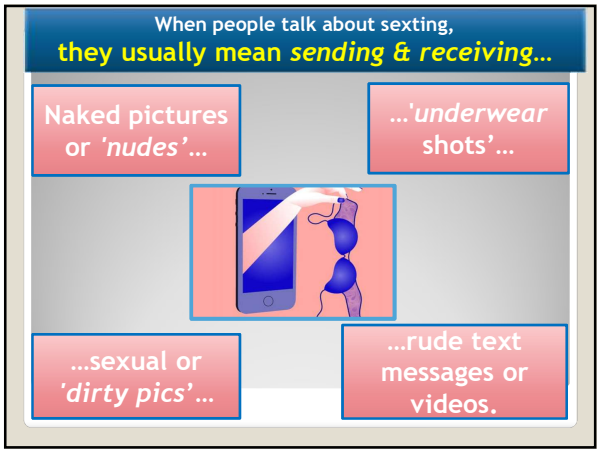

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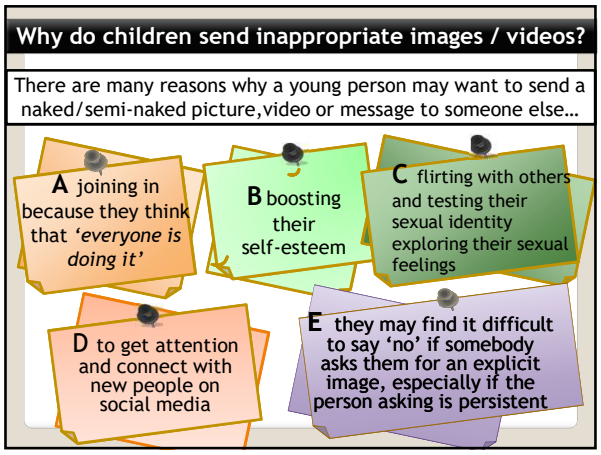

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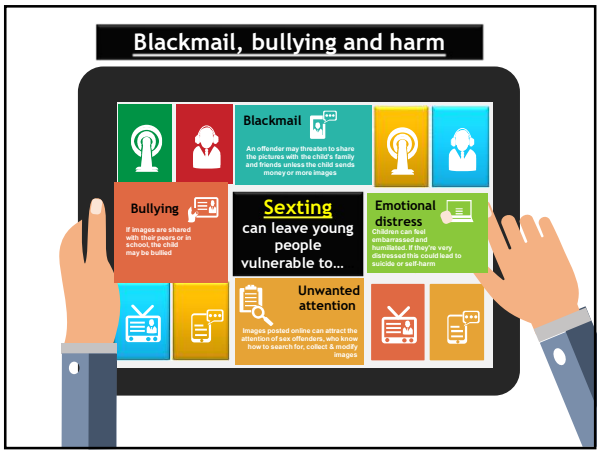

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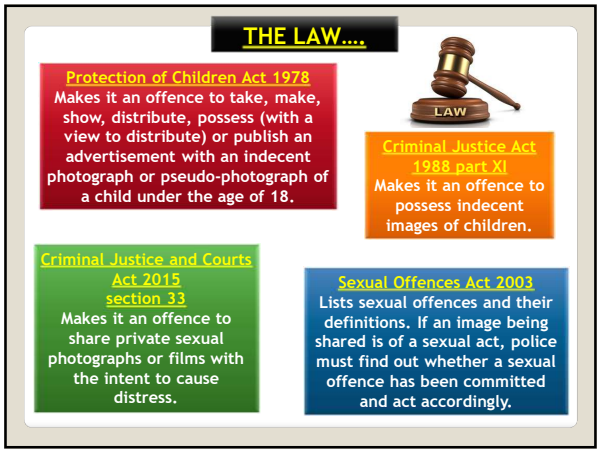

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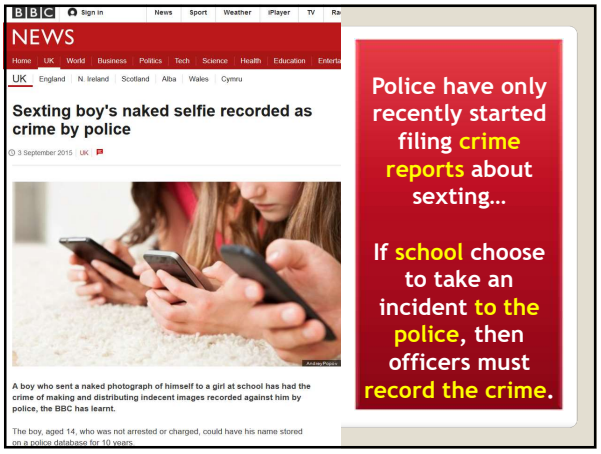

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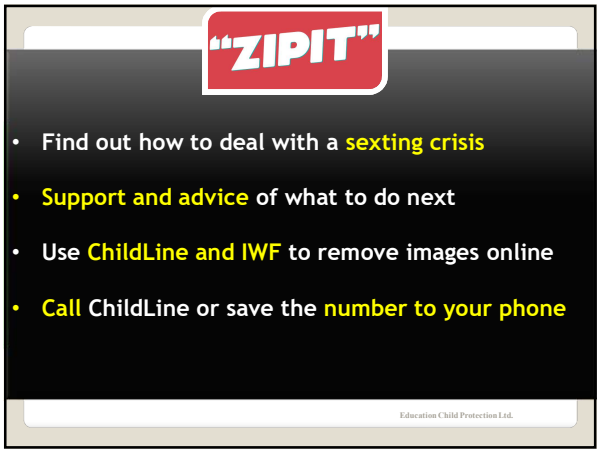

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How we can make children safer online

ECP Education Child Protection

91

Initial advice...

Use tools to help you reinforce time spent online

Set the tone for your child's internet use ASAP

Have a family agreement / contract

92

Making things safer....

Examples

Suggested ideas for an agreement with younger children.

We agree to...

Who is responsible for this?

I will use my tablet for _____ mins a day — Isabel and Phoebe

I will make sure the children's favourite games are bookmarked for them to get to easily — Mum/Dad

Suggested ideas for an agreement with pre-teen children.

We agree to...

Who is responsible for this?

I will tell mum and dad when I see something that worries me — Leo, Tom and Ella

I will put parental controls in place but review it as the children grow up — Mum/Dad

Suggested ideas for an agreement with teenage children.

We agree to...

Who is responsible for this?

I will make sure all my social networking sites are private and that I only accept requests from people I know — Amar and Yusuf

I won't post photos of our children without their permission — Mum/Dad

93

OUR FAMILY MOBILE CONTRACT

The Parent/Guardian, agree to the following Family Mobile Agreement.

The Child, agree to the following Family Mobile Agreement.

Responsible Usage

Safety

Communication

TESCO mobile

94

Making things safer....

UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters

Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.

Sharing sensibly

Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!

Education matters

Make sure you and your children are aware of, and abide by, their school's policy on screen time.

Keep moving!

Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #stillesmovemore

Safety when out and about

Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.

Talking helps

Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.

Family time together

Screen free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.

Use helpful phone features

Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.

95

BBC NEWS

BBC Trending

The disturbing YouTube videos that are tricking children

Thousands of videos on YouTube look like versions of popular cartoons but contain disturbing and inappropriate content not suitable for children.

Videos on YouTube that seem to be the favourite cartoons of children - but are not.

""Peppa does a lot of screaming and crying and the dentist is just a bit sadistic and it's just way, way off what a three-year-old should watch" said one Mother.

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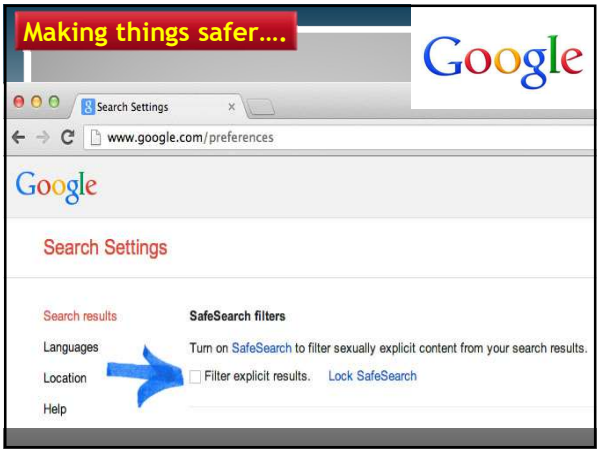

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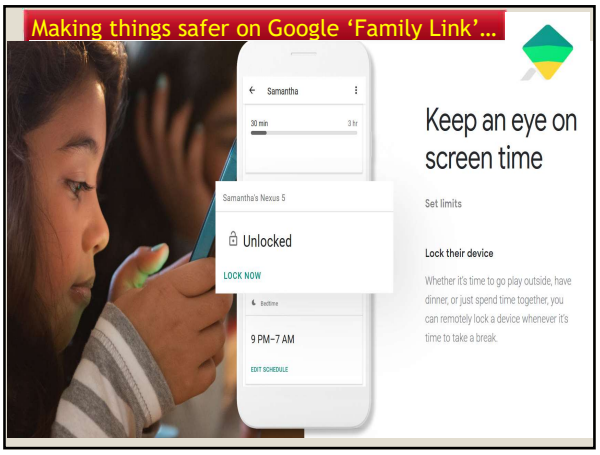

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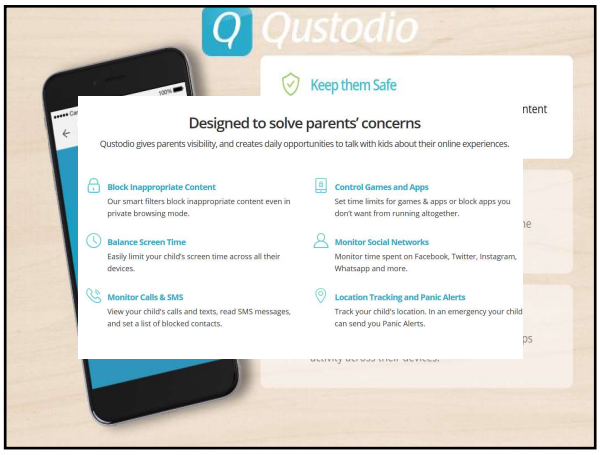

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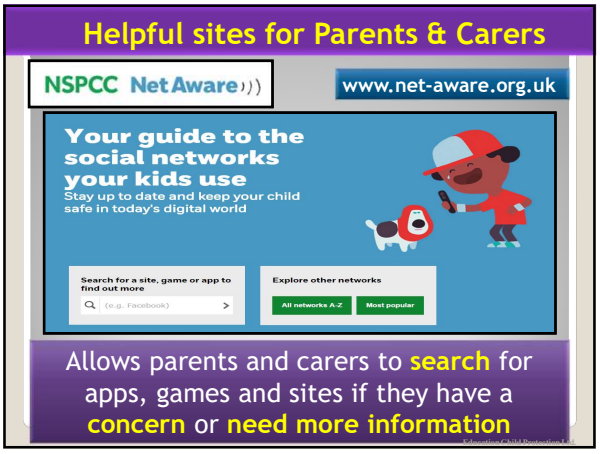

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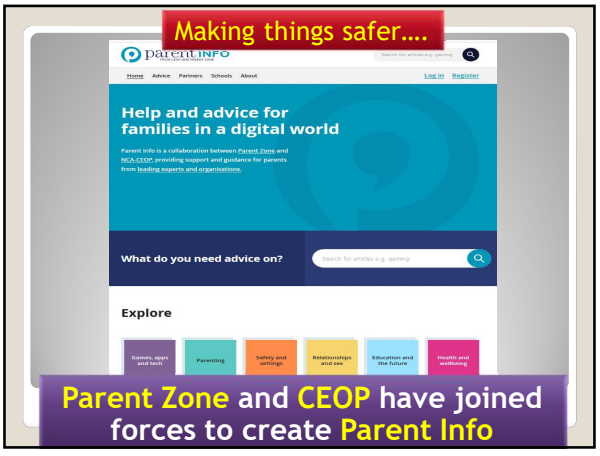

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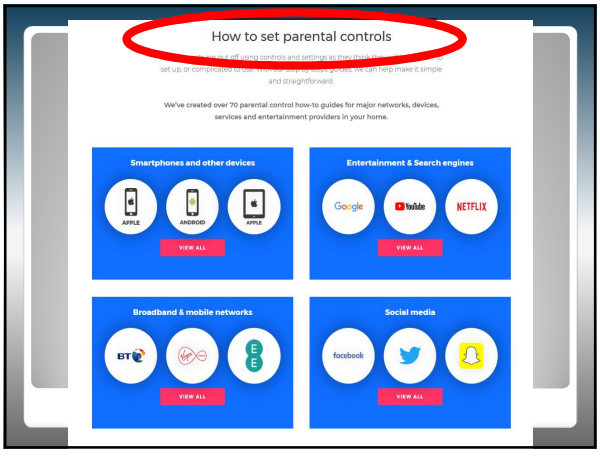

108

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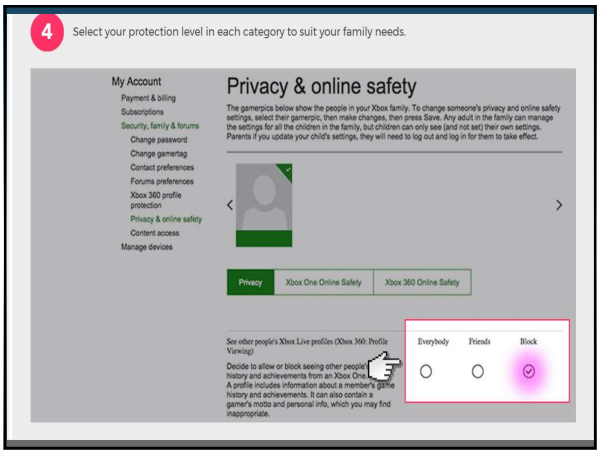
109



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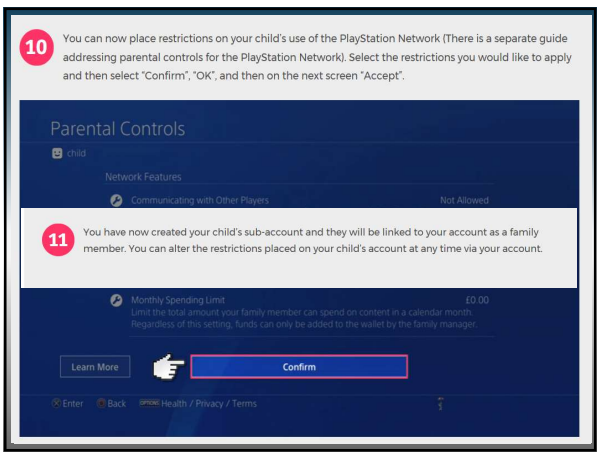

112

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115

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